

## Welcome

Thank you for choosing to receive care at our facility. Our state-of-the-art, accredited center is designed to provide you with safe, high quality health care in a comfortable and efficiently managed setting. Our team of medical professionals understands that caring for your health means taking the time to listen and doing the little extras that help you relax.

Please read the following information to help us familiarize you with our center and provide answers to many of your questions.

## Pre Registration

[www.sutterhealth.org/fairfield-surgery-center](http://www.sutterhealth.org/fairfield-surgery-center)

Instead of a lengthy screening phone call patients can use One Medical Passport to guide them through an easy online questionnaire to submit their medical information and review any disclosures and instructions. Patients enjoy the convenience of choosing when and where to enter their medical data as well as their ability to save, reuse and print their health history. Each patient's medical information is then immediately available to the facility in a consistent, legible format and allows staff to quickly review and verify a patient's information in advance of a call or a visit.

If you prefer to speak with one of our nurses to complete this registration, please call our nursing team at **707-432-2575**.



## Your Procedure is Scheduled:

**Date:** \_\_\_\_\_

Sutter Fairfield Surgery Center is accessible to patients with disabilities and without regard to race, ethnicity, origin, color, creed, religion, sex or age.

For more information about our surgery center, visit our website at:

[www.sutterhealth.org/fairfield-surgery-center](http://www.sutterhealth.org/fairfield-surgery-center)

### Hours of Operation

Monday – Friday  
6:00 a.m. to 5:00 p.m.

## Specialties at the Center

- Pain
- ENT
- General Surgery
- GI\*
- Gyn
- Ophthalmology
- Ortho
- Podiatry
- Urology

*\*Gastroenterology Patients: If you have questions about your diet and prep, please consult your physicians office in advance.*

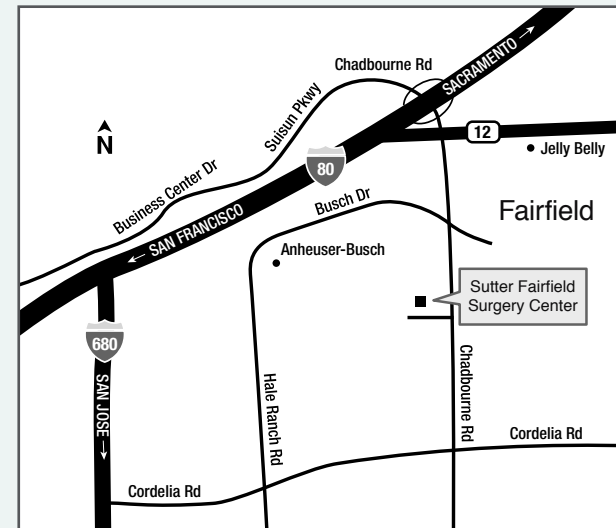
Since every case is different, be sure that you understand what you need to do to prepare for and recover from your procedure. If you need additional advice, please call your doctor.

We appreciate the trust you have placed in our staff. We will make every attempt to honor that trust by providing the highest quality medical care you expect and deserve.

We are committed to providing our patients with quality service. For patient care comments, please call and ask for the Administrator. **707-432-2700**



## Map to Surgery Center

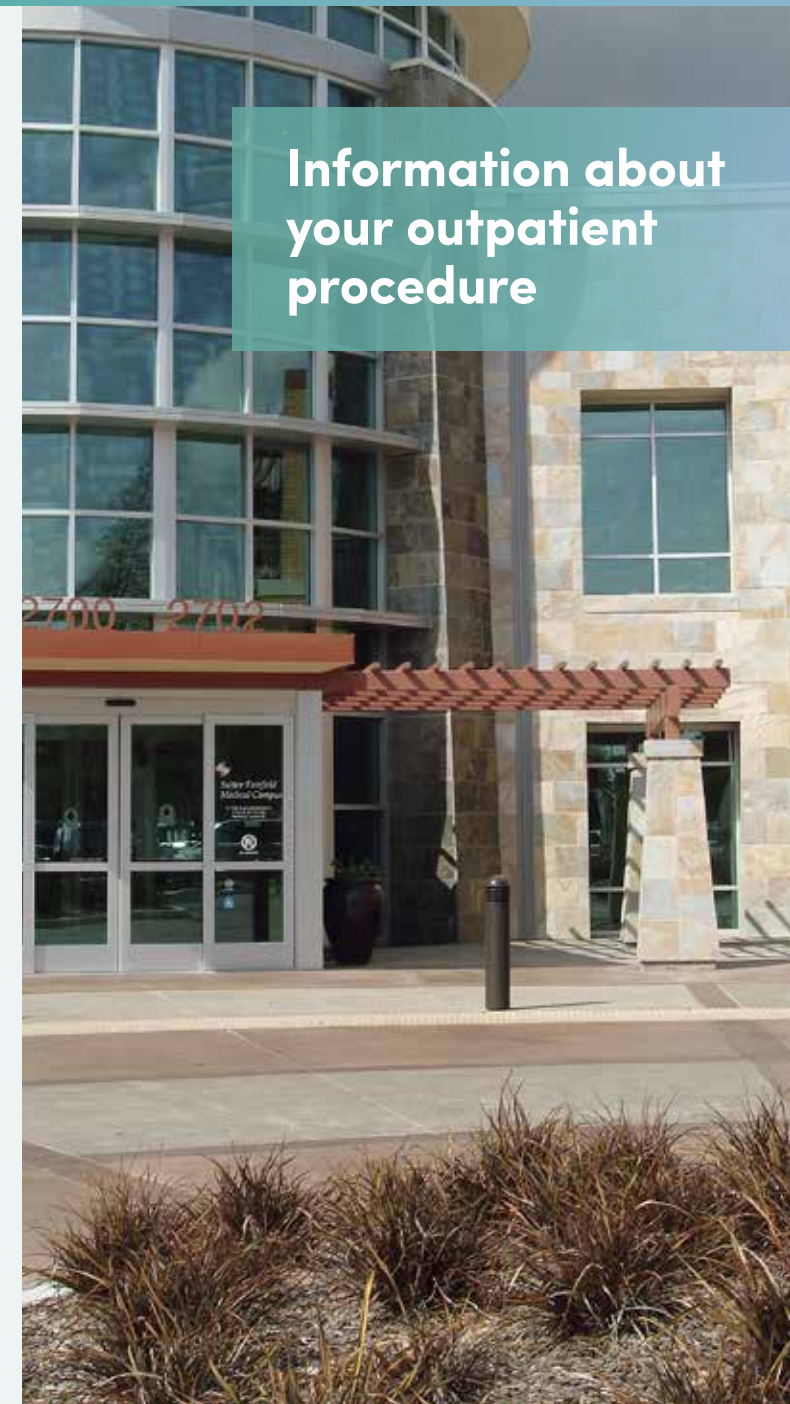


## Information about your outpatient procedure



2700 Low Court, 2nd Floor  
Fairfield, CA 94534  
(707) 432-2700

[sutterhealth.org/fairfield-surgery-center](http://sutterhealth.org/fairfield-surgery-center)



## Prior Notifications

You will be given the following verbal and written information prior to your procedure:

- Patient Rights & Responsibilities
- Notice of Privacy
- Physician Ownership Disclosure
- Policy on Advance Directives

## Anesthesia

- Anesthesia is used to relieve pain and sensation during surgery. There are five types of anesthesia used in our outpatient setting: general, regional, IV sedation, local and topical. Your doctor or your anesthesiologist will explain and determine the type of anesthesia best suited for you and your procedure.

## 1-2 Weeks Before Your Procedure

- You may be asked to stop blood thinning medications and nonsteroidal anti-inflammatory drugs (NSAIDS). Check with your primary care or prescribing physician how long you should avoid these medications prior to your procedure. You may be advised to stop vitamins and herbal supplements as well. It is important to communicate to your doctor if you are taking any medications, vitamins and herbal supplements.
- Changes in your physical condition such as cold, fever or flu-like symptoms or any cuts, scrapes or rashes near the procedure site should be communicated to your doctor.

## The Day Before Your Procedure

- Do not drink alcohol as this may affect your procedure.
- Ask a responsible adult companion (a friend or a family member) to drive you to and from facility and stay with you after you return home. You will NOT be permitted to leave the facility unaccompanied and alone in a taxi.
- If you are the guardian or caregiver of a minor child or you have a power of attorney for the patient, you must bring a copy of paperwork showing legal verification with you.
- The time of arrival is subject to change due to unforeseen circumstances.
- Follow preoperative fasting guidelines provided by our nurses or our automated text/email system.

## The Morning of Your Procedure

- **Medications:** Take your prescription medication(s) if approved by your doctor with a small sip of water.
- If you use inhalers, CPAP or insulin, you may be instructed to bring them with you to the center.
- Remove all jewelry, body piercings and metal hairclips.
- **Personal belongings:** Don't bring valuables with you, including laptops, or other expensive items.
- **Personal Care:** Remove all nail polish and makeup. Shower and wash your hair. Do not shave operative site, use perfumes, deodorant or lotions.

- Wear comfortable, loose fitting clothing (elastic waist band and shirt with front opening). Bring a zippered or buttoned jacket or sweater with you if you like. Wear secure footwear such as sneakers or rubber-soled flat shoes.
- Bring your insurance card, photo identification, copayment and advance directives (if you have one) with you.
- Have the responsible adult companion drive you to the surgery center.
- If the patient is a child, please bring a favorite toy or blanket. The parent, guardian or surrogate should plan to wait onsite until the child is ready to be sent home.

## After Your Procedure

- You will be monitored and cared for by our Post Anesthesia Care Unit (PACU) nurses immediately after your procedure. Recovery occurs in the PACU.
- Your recovery time will vary according to your procedure and type of anesthesia used. You will be sent home once your doctor determines you are safe to go home.
- You and your responsible adult companion or care provider will be given written home care instructions and taught how to care for you and the area treated.
- Please follow the restrictions ordered by your doctor while you are recovering at home. Depending on your procedure, some of these restrictions may include strenuous physical

activities, drinking alcoholic beverages, operating machinery, driving a car or making important decisions.

- Our nurse will call you the day after your procedure to check on your progress.
- Contact your doctor if you are experiencing severe pain or complications requiring immediate attention following your procedure.
- If you have any reason to think you need urgent help, call 911 or go the nearest emergency room.

## Payment

The center will verify your benefits and obtain authorization prior to your procedure. You will be notified of your financial responsibility for the facility fee prior to your scheduled procedure date. Payment for your services at the surgery center are due the day of your procedure. Cash, check and credit cards are accepted. If you anticipate difficulty with your bill, please let us know before your procedure so we can work together to establish a fair solution. You may also be billed for such services as Anesthesia, Pathology, Laboratory and Surgeon fees as dictated by your procedure.