

# The Power of ONE Gift

**\$24M**invested into  
programs**\$13.5M**for upcoming  
projects

In a year marked by unprecedented challenges and dynamic changes within the healthcare landscape, generous donors in this community invested \$36 million with CPMC Foundation and Sutter Pacific Medical Foundation in support of our mission to be the most comprehensive, integrated and connected health system for getting and staying well. Across Sutter Health, donors like you gave more than \$100 million to improve healthcare access, outcomes and equity within our communities.

Thank you for believing in us and the transformative force that enables philanthropy to address the most pressing health challenges facing society. Throughout this report, you will discover the impactful initiatives, partnerships and investments that have enabled us to extend our reach, enhance patient care, position ourselves for future growth, and foster a healthier future for all.

Through the power of your generous gift, we remain steadfast in our commitment to delivering exceptional care, driving innovation and creating sustainable value for all our donors and patients.





# YOUR GIFTS IN ACTION

**MORE THAN 2,200 GENEROUS DONORS** made a tangible impact on our work in advancing the health and well-being of our community in 2023.

## CARDIOLOGY

**THE KANBAR CARDIAC CARE CENTER** partnered with CPMC's Community Health Resource Center (CHRC) to provide health screenings and information at community fairs such as the Autumn Moon Festival, the Haight Ashbury Street Fair and the Castro Street Fair.

CPMC patients receive **ACCESS TO A VARIETY OF CLINICAL TRIALS** including transcatheter aortic valve replacement (TAVR) in low-risk heart patients, new protocols for treating atrial fibrillation, and numerous trials of new drug combinations for treating cardiovascular disease.



**MORE THAN 1,000 LUNG CANCER SCREENINGS** were performed through public events and extensive outreach. Ongoing

**CPMC'S SEQUOIA CENTER FOR THE SCIENCE OF AGING** developed a research program to identify whether measures of biological age (as opposed to chronological age) can help identify risks for hospitalized patients, thus improving patient care.

Coming soon, researchers expect to publish the results of a **TRIAL OF A NEW GENETIC TEST** to see how a transplant patient's immune system is reacting to the transplant. Results will be used to optimize dosages of immunosuppressive medications.

**THE AUTOIMMUNE LIVER DISEASE PROGRAM COORDINATOR** is inputting and analyzing data for more than 250 patients with primary sclerosing cholangitis (PSC) with the goal of utilizing data to drive treatment decisions.

## ORGAN THERAPIES & TRANSPLANT



The **KIDNEY TRANSPLANT TEAM EXPANDED ITS REACH** by providing pre-operative care in rural areas, easing the burden of travel for patients while transitioning to virtual post-operative care.

**NEWLY REMODELED TRANSPLANT HOUSING** allows patients traveling from far away to stay in SF following transplant. A **NEW TRANSITIONAL CARE CLINIC** has reduced hospital readmissions by ensuring seamless post-discharge care coordination for recent transplant, high-risk GI and interventional endoscopy patients.



**THE DEIKEL FAMILY NEWBORN INTENSIVE CARE UNIT** launched an on-call cuddlers program, helping newborns withdraw from opioid addiction without the use of drugs.

**NEW CHILD-SIZED ARTHROSCOPIC EQUIPMENT** for orthopedics allowed some sports injuries to be treated with same-day surgeries.

**THE NOTKIN FAMILY BREAST CANCER RECOVERY PROGRAM** will celebrate 20 years of providing wrap-around support to breast cancer patients in 2024. 100% philanthropically funded and free for patients, this recovery program is a model for other departments at CPMC like the Neonatal Specialty Services Program.

**5,500 PATIENT ENCOUNTERS** in 2023 through the CPMC's **Ovarian and Reproductive Cancer Recover Program** supported women throughout treatment.



## MEDICAL & NURSING EDUCATION

**HEALTH PSYCHOLOGY FELLOWS** provide medical residents with communication skills for relaying bad news, and for facilitating difficult conversations about end-of-life issues.

**MARTIN BROTMAN GI FELLOWSHIP** members participated in weekly GI conferences, attended Grand Rounds, and pursued research projects, in addition to providing care for patients.

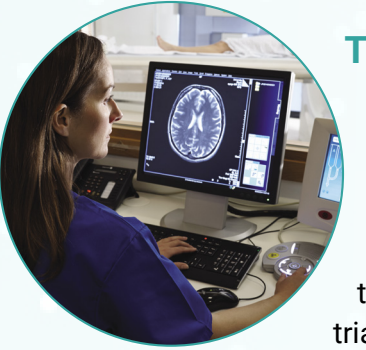


**THE CANCER AVATAR RESEARCH PROGRAM** enrolled patients in novel clinical trials to improve patient care and outcomes by targeting treatments to the DNA of the patient's tumor, and monitoring progress. Published research has also appeared in several high-impact journals such as *Molecular Cancer Therapeutics* and the *Journal of Precision Medicine*.

The **COLORECTAL CANCER PROGRAM** is San Francisco's only program to be **nationally accredited** by the Commission on Cancer for Rectal Cancer for adhering to the highest standards of care.



**CLINICAL TRIALS** including studies of **NEW CHEMOTHERAPY PROTOCOLS** for gynecologic and ovarian cancers, melanoma, pancreatic cancer, and glioblastoma; treatments for acute kidney injury; and a drug trial aimed at preventing bone fractures in patients with Parkinson's Disease.



**THE RAY DOLBY BRAIN HEALTH CENTER** is one of a few programs administering the first fully approved anti-amyloid therapy. A clinical research manager on the team also coordinates clinical trials relating to the stages of Alzheimer's disease, from pre-symptomatic prevention to late-stage disease.

With funding from the ALS Association's Research Program, CPMC's **FORBES NORRIS MDA/ALS RESEARCH AND TREATMENT CENTER** added a research community navigator to assist families with the logistics of enrolling in trials, and to enhance outreach to the wider community of ALS patients.



**SCOUT BY SUTTER HEALTH** a Web and Mobile App offering personalized, non-clinical support for teens and young adults to manage anxiety and depression has been downloaded more than 11,500 times, in all 50 states, with nearly 4,000 accounts created by adolescents and their adult champions.

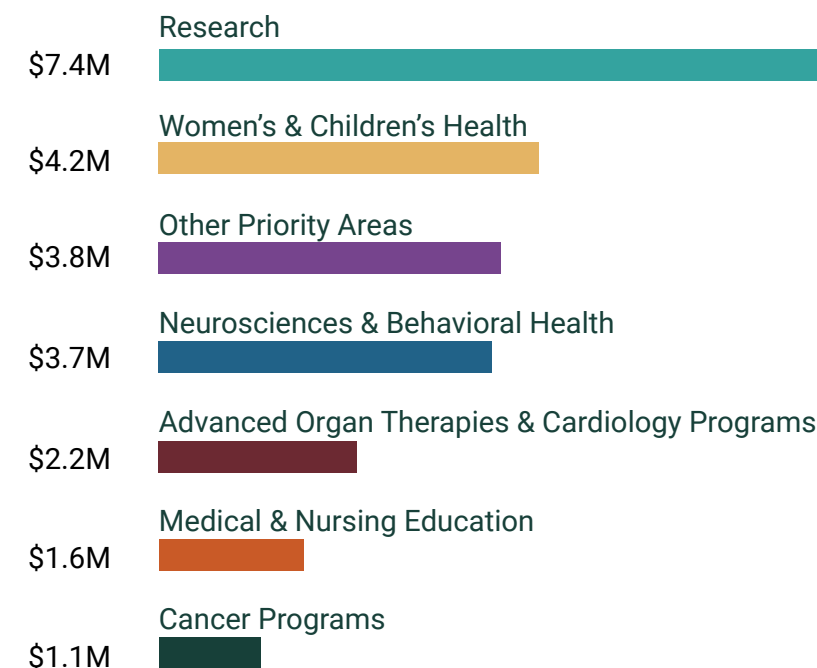


# Widespread Impact Through Donor Gifts

## Donor Gifts Invested in 2023 by Type

**\$20.4M** Program    **\$3.8M** Capital

### Top Investments by Priorities



*"Even as we celebrate 2023, we look forward to building on the impact of your partnership. Our fundraising focus continues to reflect areas you are most committed to including: medical education, new research and technology and supporting our diverse, highly skilled and dedicated workforce."*

– Allison Duignan,  
Executive Director,  
CPMC Foundation



## Making an Impact with Planned Giving

Legacy gifts provide a long-term, stable source of funding that enable CPMC and Sutter Pacific Medical Foundation to provide world-class healthcare to our community. In 2023 planned gifts provided an immediate impact on patient care with more than \$16 million in bequests realized to support inpatient and outpatient care. More than 70 donors have chosen to join our Legacy Society for CPMC Foundation. Those donors have pledged more than \$26.3 million from their estate plans in 2023 alone generously supporting programs including women's and children's, cardiovascular services, research, cancer care, transplant services and more.

Thank you for your commitment to supporting local healthcare with a legacy gift. Connect with Senior Gift Planning Officer, David Lloyd at david.lloyd@sutterhealth.org to learn more about the impact you can make through a planned gift.

# THE POWER OF ONE GIFT

AT A GLANCE



## BEHAVIORAL HEALTH

**11,500+** student-age patient downloads of Scout™ by Sutter Health, in all 50 US states.

**Nearly 40%** of users under the age of 22 are building resilience through award-winning app.



## RESEARCH

**More than 1,000 lung cancer screenings** performed through extensive outreach.

**Healthy aging research** measures biological age (as opposed to chronological age) to help identify increased risks for hospitalized patients.

**Cardiovascular disease research** on new protocols for treating A-fib and numerous trials of new drug combinations for care.



## HEALTH EQUITY

Our nationally recognized team of health equity leaders contributes to ongoing research and programs to put "quality" in equality. Programs benefiting CPMC include:

- **Maternal and Birth Equity Research at CPMC** identifies and quantifies disparities in maternal outcomes, to help mitigate and prevent maternal and infant health disparities within our system. In 2023, we launched three pilot programs focused on improving perinatal and postpartum mental health screening, breastfeeding, and doula care services for at-risk patients.
- **Asthma Program** to ensure consistent treatment with underrepresented populations leading to lower visits to emergency or urgent care.
- **Behavioral Health Screening** research to determine causes for lower screening rates in underrepresented populations and increase screening for all.
- **Comprehensive Gender Care Program** provides broader cultural competency education and specific EPIC health record modules to record patient preferences, plus gender care advocates and a consolidated web presence for the LGBTQ+ community.
- **The Doctor of Nursing Practice (DNP) Health Equity fellowship** is the first of its kind in the U.S. and aims to help reduce health disparities by developing the next generation of health equity-focused nurses and nursing leaders.



## WOMEN & CHILDREN

**20 years** of wrap-around support for breast cancer patients in the **Notkin Family Breast Cancer Recovery Program**.

CPMC's **Ovarian and Reproductive Cancer Recovery Program** supports **5,500 patient encounters**.

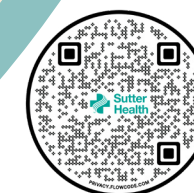
**On-call cuddlers** program launched at **Deikel Family Newborn ICU**.



## ONCOLOGY

**Ongoing clinical trials** studying new chemotherapy protocols for gynecologic, skin, GI and brain cancers.

The **only program** in S.F. to receive **national accreditation** for colorectal cancer program.



### TO DONATE:

- Scan the QR code
- Visit [Sutterhealth.org/CPMC/giving](https://sutterhealth.org/CPMC/giving)
- Call CPMC Foundation at 415-600-4400